



2-6  
September  
2024

# How to get involved

## There are many ways to get involved in Jean Hailes Women's Health Week

**Host an event** in your workplace, community or social circle.

**Promote** the week and your event.

**Sign up** and get access to health information and resources.

**Attend** an event in person or online.

## What you'll get as an event host

- Evidence-based women's health information
- Free event registration and promotion on the Jean Hailes website
- Exclusive access to order our 2024 Women's Health Week bags for your event attendees – only available to registered hosts
- Priority access to Jean Hailes events and webinars
- Free promotional kits, including social media tiles, copy, poster templates, invitation templates and more





# How to host an event

## Step 1: Plan your event

Plan the details of your event, including the date, time, location and whether it will be private, public or promotional.

## Step 2: Register your event online

Register your event online at [womenshealthweek.com.au](https://womenshealthweek.com.au)

Event registrations open on Monday 6 May 2024 and close Friday 30 August 2024.

## Step 3: Order your bags (optional)



As an event host, you'll have the option to order a set number of our special 2024 Women's Health Week bags (while stocks last). Note: while the bags are free, there is a charge for postage and handling.

## Step 4: Stay in touch

Once you've signed up and registered your event, we'll send you a link to download the Women's Health Week promotional kits. We'll also send you regular updates about the week to keep you in the loop.

# Event ideas

As long as your event has a focus on women's health and wellbeing, you can plan any type of event to suit your workplace, community or friends.

For example:

- Workplace quiz
- Walking meetings for the week
- A local sporting event
- Webinar or guest speaker
- Information sessions
- 'Lunch and learn' sessions

# Why I support Women's Health Week

**"What I love most about hosting an event is creating a safe place for women to get together, to have a moment to sit back, to care for and celebrate themselves. We love seeing the smiles on their faces."**

Elly Dang, Fairfield Women's Health Service, 'Good food, Good mind, Good life' 2023 event






## Sign up

When you subscribe to Jean Hailes you will receive:

- Monthly updates and stories about women’s health, including feature articles, Q&As, podcasts, recipes and more
- A daily email during Women’s Health Week packed with all of our new health resources
- Opportunities to participate in surveys and research
- Invitations to events and webinars

## Subscribe

[jeanhailes.org.au/subscribe](https://jeanhailes.org.au/subscribe)

## Donations

Jean Hailes welcomes donations from organisations participating in Women’s Health Week. Fundraising for other organisations is not permitted. Please refer to our FAQs.

[jeanhailes.org.au/donate](https://jeanhailes.org.au/donate)



Photo of 2023 event at Centacare Far North Queensland



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Jean Hailes Women’s Health Week®

[womenshealthweek.com.au](https://womenshealthweek.com.au)

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# Quick links

We provide you with everything you need to promote the week and your event. Our specially designed kits include posters, social tiles, copy, PowerPoint templates, Zoom backgrounds and more. There's even a party pack with bunting, invitation templates, name cards and sticker designs. Kits will be available from 6 May 2024.

**Workplace kit:**

**Community kit:**

**Accessible kit:**

**First Nations kit:**



## Health resources

Go to [jeanhailes.org.au](http://jeanhailes.org.au) for free health information, articles, charts and checklists, or scan the QR codes below for our most popular resources.

**Easy Read resources:**



**Translated fact sheets:**



**Fact sheets:**



**First Nations resources:**



**The Jean Hailes Shop:**

