

**Monday
27th
September**

6.45 pm for a
7pm start
Finish 9 pm
Light refreshments provided

**St George
Leagues Club
Mahogany Room**
124 Princes Hwy
Kogarah 2217

Menopause: is HRT the only option?

Professor Helena Teede, Endocrinologist, will talk about hormone therapy & other options for managing menopause symptoms. She will also discuss important health screenings for women at midlife

Menopause, Emotional Health and Libido

Come and hear Dr Mandy Deeks, Psychologist, discuss these important but often neglected topics!

Managing Midlife and Menopause

Free Community Forum

R.S.V.P.
For catering
purposes to
(02) 9585-2044

Presented by **The Jean
Hailes Foundation for
Women's Health** in
partnership with
**St George Division of
General Practice**

Speakers



Professor Helena Teede
Endocrinologist
Director of Research
Jean Hailes Foundation

**Husbands
and
Partners
are most
welcome**



Dr Mandy Deeks
Psychologist
Jean Hailes Foundation
Author of *Life Begins at
Menopause*



St George Division of General Practice

The Jean Hailes Foundation
for women's health

www.jeanhailes.org.au

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