

MIDLIFE & MENOPAUSE

Presented by **The Jean Hailes Foundation for Women's Health** in partnership with
WACHS – Goldfields Population Health

A **health information** seminar for women

Speakers from the Jean Hailes Foundation and local health organisations will talk about **menopause, hormone replacement therapy, libido, continence, preventing weight gain and midlife health & wellbeing**

Saturday 17 October 2009
at **10.30am** for **11.00am** start

Venue:

Esperance Civic Centre
Council Place, Esperance

Cost:

\$10.00

Information stalls and refreshments provided

Bookings essential

Call Esperance Community Health on
08 9071 0400

Speakers:

Dr Elizabeth Farrell

Gynaecologist

'Midlife Health & Menopause'

Dr Cate Lombard

Dietitian

'The Lifestyle Factor - Improving the Wellbeing of Women'

Ms Kerri Richards-Scully

Physiotherapist

'Continence Physiotherapy for women: preventing and treating potential problems'

Partner organisation:



Government of **Western Australia**
Department of **Health**
WA Country Health Service

Supported by:



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The Jean Hailes *Foundation*
for women's health

www.jeanhailes.org.au

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