

IT'S  
YOUR  
JOURNEY

LIFE  
BEGINS  
AT

# MENOPAUSE?

watch in the comfort of your home

invite your girlfriends and make it a celebration

ask your local community centre to hold  
an event for women to watch together

Join women across Australia  
in a **free** online community  
webcast on

**Wednesday 5 March 2008  
at 7.30pm AEDT**

Hear the latest about menopause symptoms,  
herbal, hormone and lifestyle options,  
emotional health and libido issues from  
leading Australian experts. Opportunity  
to ask questions.

## Speakers

**Dr Elizabeth Farrell**  
gynaecologist

**Dr Mandy Deeks**  
psychologist

**Ms Sandra Villella**  
naturopath

## Registration essential

Go to [www.jeanhailes.org.au](http://www.jeanhailes.org.au) now  
to secure your place in this national  
community webcast.

## Contact

For further information please  
contact the Foundation tollfree  
on 1800 151 441.

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Department of Health and Ageing

Media partner – Dr John D'Arcy's Health Matters program

The Jean Hailes *Foundation*  
*for women's health*

**healthmatters**  
*with Dr John D'Arcy*